

2025-2026 CYCLING BOOKLET

# Centre- du-Québec

bonjour  
québec



TOURISME  
Centre-  
du-Québec





## THIS SUMMER, SPIN THE WHEEL!

Let chance guide your adventure by spinning the wheel to reveal a **perfect combo** of exciting activities, tasty restaurants and comfortable accommodations to discover the **Centre-du-Québec** region!



 [EXPERIENCEPOUTINE.COM](http://EXPERIENCEPOUTINE.COM)

 [/EXPERIENCEPOUTINE](https://www.facebook.com/EXPERIENCEPOUTINE)

 [#EXPERIENCEPOUTINE](https://www.instagram.com/EXPERIENCEPOUTINE)

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Just the place  
to captivate  
you.



PARC DE LA RIVIÈRE BOURBON, PLESSISVILLE ©MARIKA ALLAIRE



©BUZZ PHOTOS



©BUZZ PHOTOS

## Cycling in Centre-du-Québec

Route verte, bike circuits, gravel bike circuits and mountain bike circuits are the different options you get to choose from to ride your bike in Centre-du-Québec. That's over 1000 km to discover! Wow!

Ride through the bucolic landscapes of the Appalachian foothills or through small country roads to the shores of the St. Lawrence River and experience amazing two-wheeled escapades in the region. Find tours adapted to your needs: on the road, on stone dust bike paths or even trendy electric bikes and gravel bikes. The region invites you to discover what it's like to ride here in Centre-du-Québec.

**To discover everything that Centre-du-Québec has to offer in terms of cycling, consult our section dedicated to cycling [velocentreduquebec.com](http://velocentreduquebec.com) or stay informed by following us on [facebook.com/velocentreduquebec](https://facebook.com/velocentreduquebec).**

*The team behind  
Tourisme Centre-du-Québec*



PLESSISVILLE © LES MAXIMES



BICIBORNE © MARIKA ALLAIRE

### Bike trail services

- |                  |                        |                                |                                   |
|------------------|------------------------|--------------------------------|-----------------------------------|
| Service building | Drinking water         | Self serve repair station      | Mountain biking                   |
| Parking          | Rest area              | Electric bike charging station | Tourist Information Office        |
| Covered bridge   | Sheltered rest area    | Bike shop and repair           | Village-relais                    |
| Water shuttle    | Scenic lookout         | Bike washing station           | Route des Navigateurs             |
| Shower           | Scenic route           | Bicycle loan                   | Bienvenue Cyclistes Certification |
| Washrooms        | Bicycle repair toolkit | Adapted bicycle loan           |                                   |

### Localization

- Suggested starting point  
 Suggested direction  
 Round trip  
 The Great Trail

### Cycling Routes types

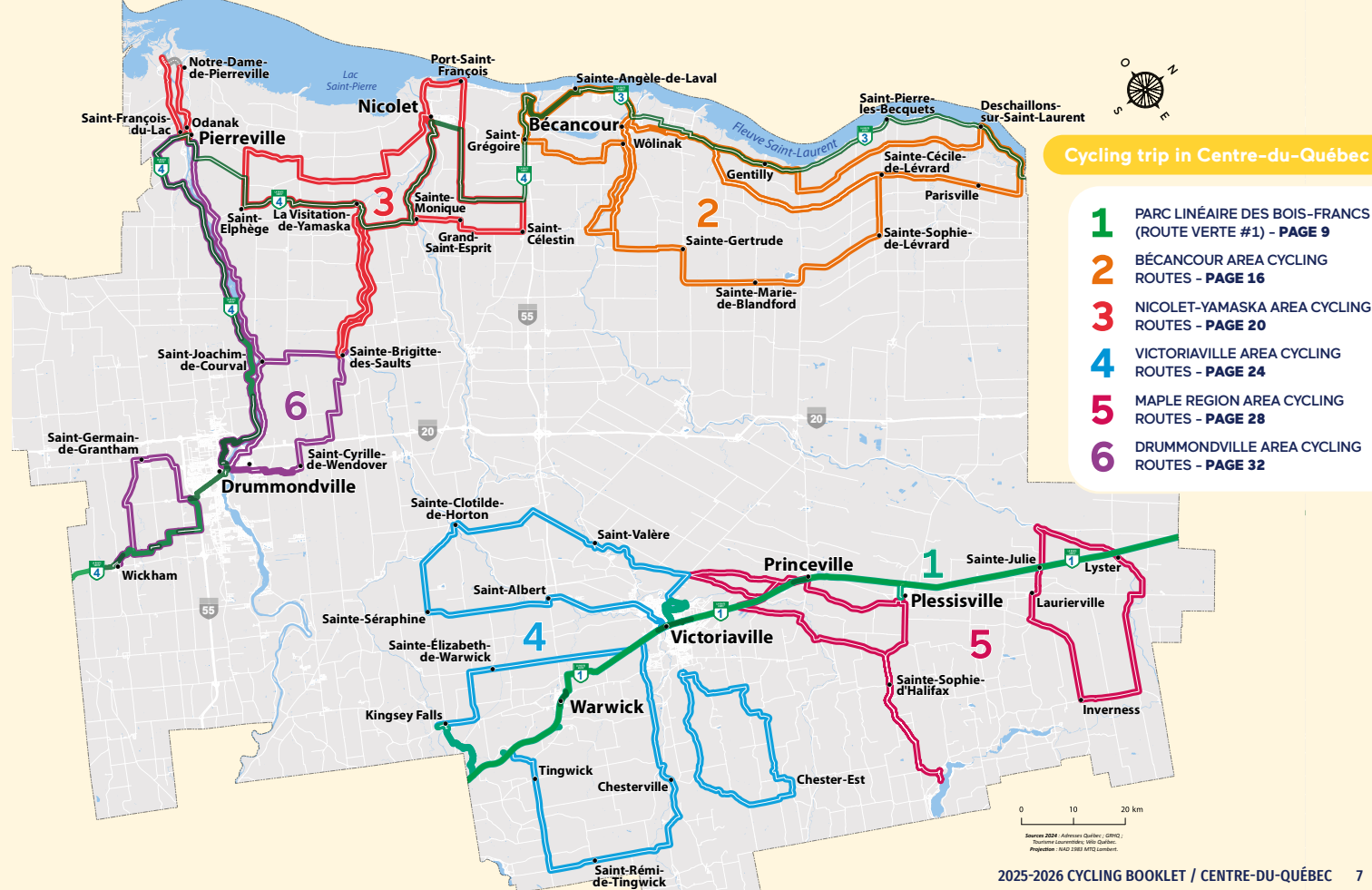
- |                 |                      |                           |
|-----------------|----------------------|---------------------------|
| Routes vertes   | Paved road           | Paved bike path           |
| Circuits - Road | Unpaved road         | Unpaved bike path         |
|                 | Circuits - Bike path | River shuttle (in season) |

### Difficulty

- Easy  
 Intermediate  
 Expert

### Warnings

- Narrow shoulder and moderate to heavy road traffic  
 High-speed and/or dense road traffic  
 Damaged road surface  
 Steep uphill slope (> 6%)



# DISTRIK



...  
E-BIKES WITH  
THE BEST VALUE  
FOR MONEY ON  
THE MARKET  
...

389 rue notre dame est,  
Victoriaville, Québec, Canada  
1 844 678-3246 | distrikdist.com

ebgo



PARC LINÉAIRE DES BOIS-FRANCS ©MARIKA ALLAIRE



RÉSERVOIR BEAUDET ©MARIKA ALLAIRE

# 02

## A safe ride with the whole family

Part of the largest cycling network in North America, the “Route Verte”, the magnificent Parc linéaire des Bois-Francis is entirely built on a former railroad track and crosses the Arthabaska and l’Érable RCMs. Cyclists will discover 77 km of picturesque countryside and warm and welcoming urban environments! Among other attractions, you will come across the Camping Plage des Sables, which is certified “Bienvenue Cycliste”, the gourmet P’tite Vache, which serves generous poutines, and the charming Gare de Lyster train station, where you can make a stop. A bike path adapted for everyone!

### PARC LINÉAIRE DES BOIS-FRANCS ROUTE VERTE #1

CIRCUIT TIME

**1 day or +**

DISTANCE

**77 km**

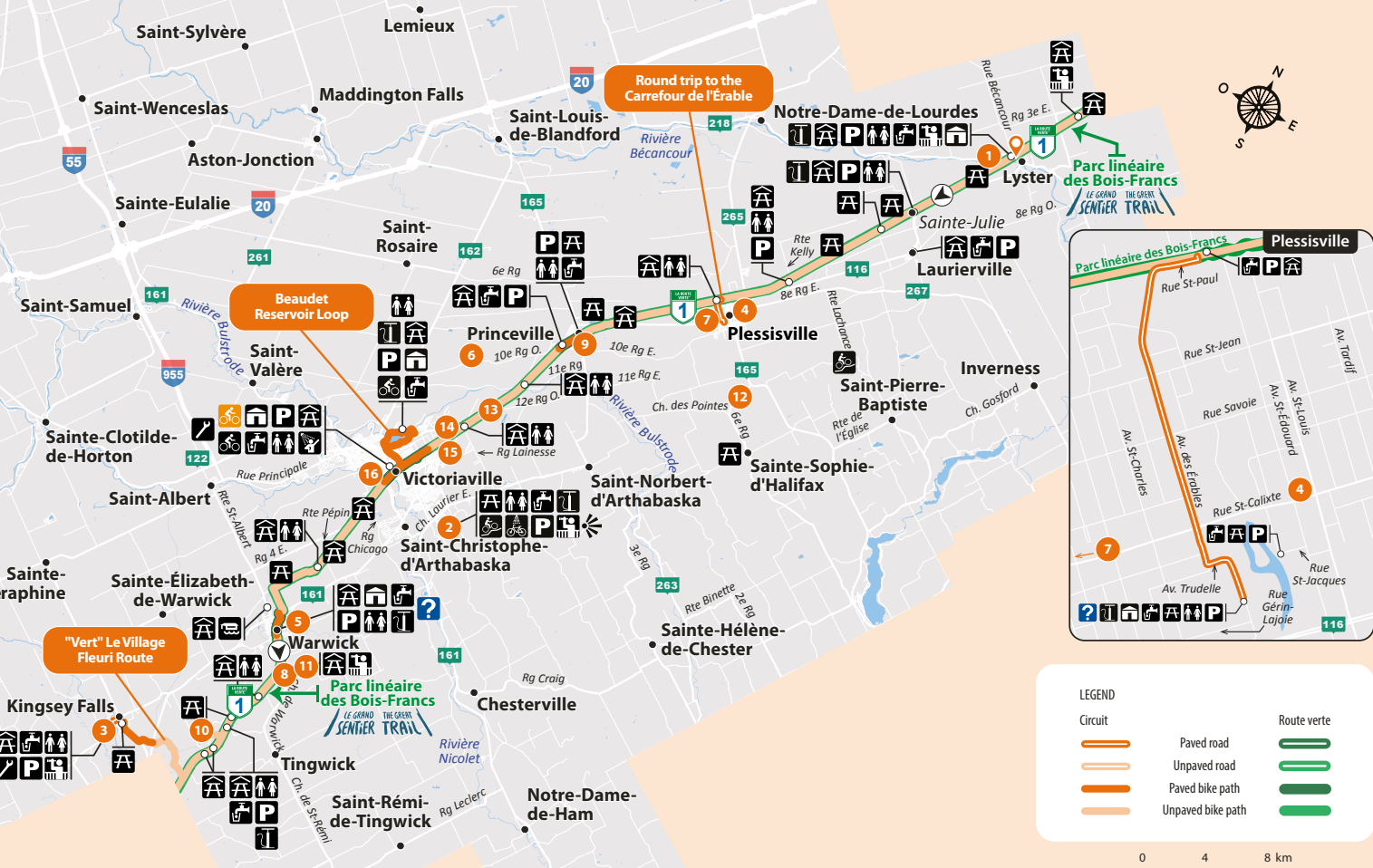
DIFFICULTY



INTERACTIVE MAP

Scan the QR code  
with your smart phone





PARC LINÉAIRE DES BOIS-FRANCS - ROUTE VERTE #1 / 77 KM

# To discover during your journey

## TOURIST ATTRACTIONS

- 1 Gare de Lyster**  
2175, rue Bécancour, Lyster  
819 389-5787 • lyster.ca
- 2 Parc du Mont Arthabaska**  
100, chemin du Mont-Arthabaska, Victoriaville  
819 751-4520 • montarthabaska.com
- 3 Parc Marie-Victorin**  
385, boul. Marie-Victorin, Kingsey Falls  
819 363-2528 • parcmarievictorin.com

## GOURMET STOPS

- 4 Aléa Café**  
1699, rue St-Calixte, suite 110, Plessisville  
819 789-0627 • aleacafe.ca
- 5 Brûlerie des Cantons**  
4, rue Beauchesne, Warwick  
819 358-9177 • bruleriedescantons.com
- 6 La Ferme d'Évelyne (Blueberry farm)**  
1634, 10<sup>e</sup> rang Ouest (rang Desharnais), Princeville  
819 364-3377 • fermeevelyne.com

- 7 Microbrasserie Jackalhop**  
775, route 116 Ouest, Princeville  
819 252-5225 • jackalhop.com
- 8 Microbrasserie Wick Station**  
167, St-Louis, Warwick  
819 641-9425 • wickstation.com
- 9 Restaurant La P'tite Vache**  
77, boul. Baril Ouest, Princeville  
819 364-5399 • laptitevache.com
- 10 Vignoble Les Côtes du Gavet**  
1690, chemin de l'Aqueduc  
Tingwick  
819 749-2233

## LODGINGS

- 11 Aux Plaisirs Partagés**  
164, rue Saint Louis, Warwick  
819 358-9560  
auxplaisirspartages.qc.ca  
Établissement : 172281

- 12 Camping Mon Plaisir**  
149, route de Sainte-Sophie, Plessisville  
819 362-7591 • campingmonplaisir.ca  
Établissement : 198321
- 13 Camping Plage des Sables**  
1450, route 116 Ouest, Princeville  
819 364-5769 • camping-plagedessables.com  
Établissement : 198332
- 14 Hôtel Le Victorin**  
19, boul. Arthabaska Est, Victoriaville  
1 800 563-0533 • hotelvictorin.com  
Établissement : 044951
- 15 Quality Inn & Suites Victoriaville**  
1, boul. Arthabaska Est, Victoriaville  
1 855 330-7825 • qualityinnvictoriaville.com  
Établissement : 240564

## SERVICES

- 16 Distrik – 100% electric, 100% unique**  
389, rue Notre-Dame Est, Victoriaville  
1 844 678-3246 • distrikdist.com



**brûlerie  
des cantons**

# THE EXPRESSION OF TASTE!

To energize yourself with an espresso or to refresh yourself with our iced beverages, plan a stop at the Brûlerie des Cantons!


819 358-9177  
bruleriedescantons.com

Brûlerie des Cantons 4, rue Beauséne, Warwick




SUGGESTIONS FOR TOURS ACCESSIBLE TO ALL


## Here are some interesting options for planning a family cycling trip:



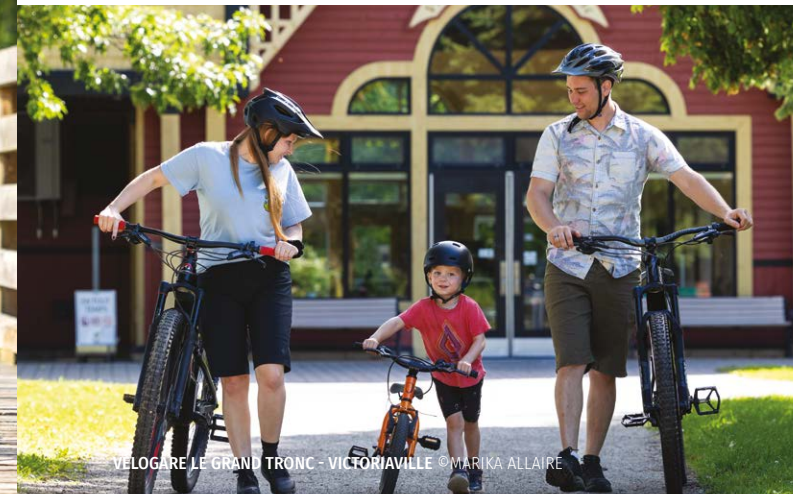
**WITH THE FAMILY!  
THE SILVER  
MAPLE LOOP**  
7 km



**THE LITTLE  
ADVENTURE**  
(3-day trip)  
112 km



**"VERT"  
LE VILLAGE  
FLEURI**  
8 km





# 03

## The TOP 5 places to ride in Centre-du-Québec

Cycling in Centre-du-Québec means being able to travel on nearly 40 different cycling circuits in a range of unique landscapes. Between the foothills of the Appalachians and the plains of the St. Lawrence, roads, bike paths, gravel bike and mountain bike circuits await you to test your endurance or to peacefully contemplate the horizon on gentle slopes.

Riding here means offering yourself diversity in what you can experience and see. Test it yourself to be convinced! We are waiting for you!

### LA ROUTE DES NAVIGATEURS ROUTE VERTE #3

CIRCUIT TIME **1 day**

DISTANCE **52 km**

DIFFICULTY



INTERACTIVE MAP

Scan the QR code with your smart phone

### THE PORT-SAINT-FRANÇOIS ROUTE

CIRCUIT TIME **1 day**

DISTANCE **52 km**

DIFFICULTY



INTERACTIVE MAP

Scan the QR code with your smart phone

### THE PANORAMIC TOUR OF VICTORIAVILLE AND REGION

CIRCUIT TIME **1 or 2 days**

DISTANCE **92 km**

DIFFICULTY



INTERACTIVE MAP

Scan the QR code with your smart phone

### THE MAPLE LOOP

CIRCUIT TIME **1 day**

DISTANCE **75 km**

DIFFICULTY



INTERACTIVE MAP

Scan the QR code with your smart phone

### THE SAINT-FRANÇOIS RIVER TOUR

CIRCUIT TIME **1 or 2 days**

DISTANCE **79 km**

DIFFICULTY



INTERACTIVE MAP

Scan the QR code with your smart phone



# To discover during your journey

La Route des Navigateurs by bike, or Route Verte # 3, runs along Route 132 on the south shore of the St. Lawrence River. This 52 km cycling section will make you appreciate the maritime character of this sector of Centre-du-Québec even more and will lead you to cross the Fromagerie L'Ancêtre, the Moulin Michel de Gentilly and La Maison de Bibi on your way. As for lodging, you will be well received at Auberge Godefroy and Motel Bécancour. Here are several stops and destinations of choice where taking a break is inviting if you choose this charming route.

## TOURIST ATTRACTIONS

- 1 Moulin Michel de Gentilly**  
675, boul. Bécancour (route 132)  
Bécancour  
819 298-2882  
moulinmichel.com
- 2 Parc régional de la rivière Gentilly**  
1000, route des Flamants  
Sainte-Marie-de-Blandford  
1 800 944-1285  
rivieregentilly.com

## GOURMET STOPS

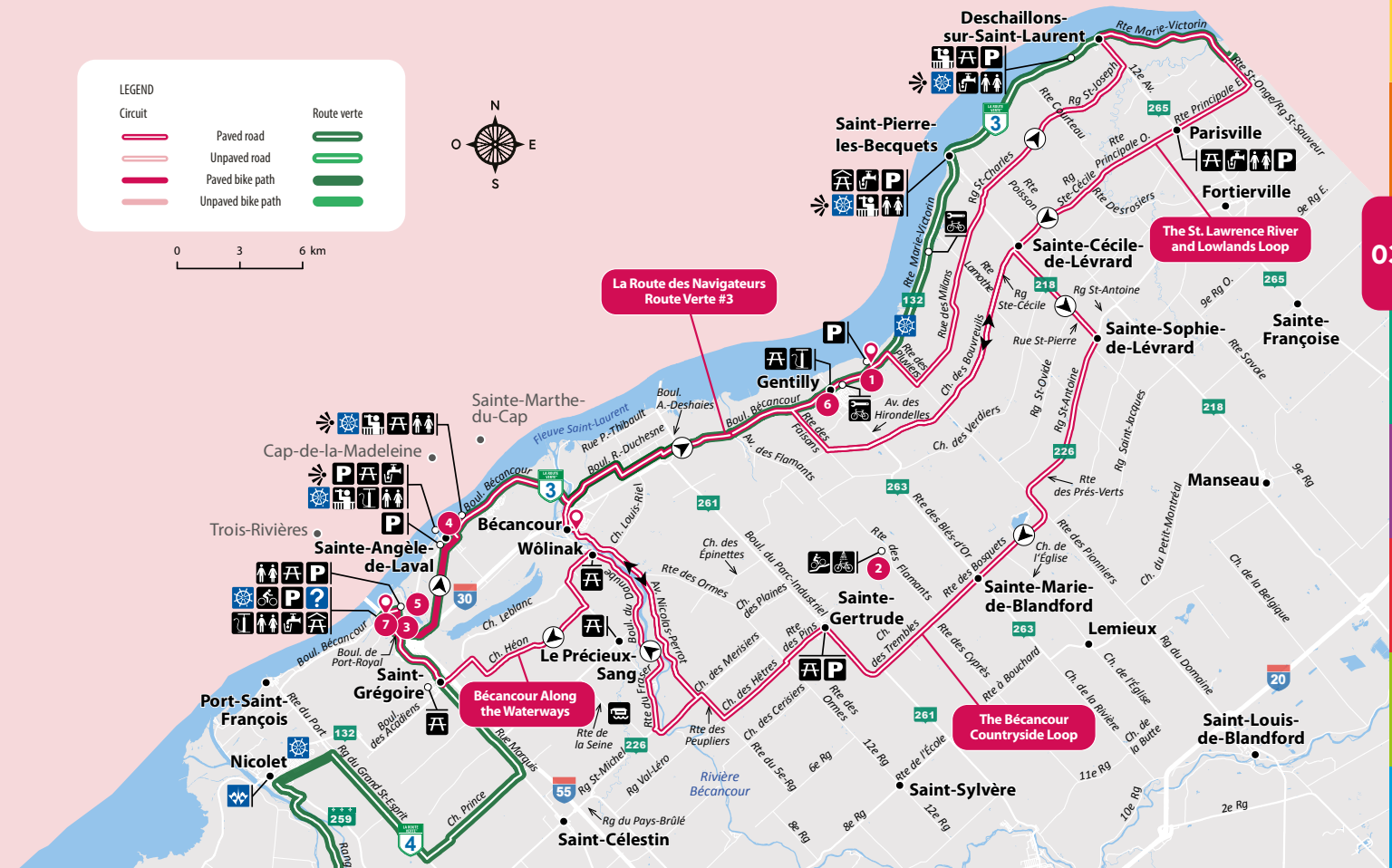
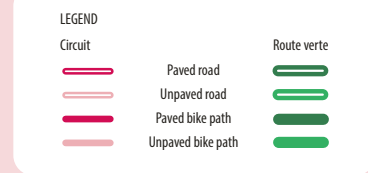
- 3 Fromagerie L'Ancêtre**  
1615, boul. de Port-Royal  
Bécancour  
819 233-9157  
fromagerieancetre.com
- 4 La Maison de Bibi**  
14840, boul. Bécancour (route 132)  
Bécancour  
819 222-5800  
lamaisondebibi.com

## LODGINGS

- 5 Auberge Godefroy**  
17575, boul. Bécancour (route 132)  
Bécancour  
1 800 361-1620  
aubergegodefroy.com  
Établissement : 039616
- 6 Motel Bécancour**  
3735, boul. Bécancour (route 132)  
Bécancour  
1 855 372-6818  
motelbecancour.com  
Établissement : 044542

## SERVICES

- 7 Tourisme Bécancour**  
1005, boul. de Port-Royal  
Bécancour  
1 888 233-4676  
tourismebecancour.com



# Bécancour



Over 150 km of cycling paths to explore.

[tourismebecancour.com](http://tourismebecancour.com)



*Indulge yourself*

Chic hotel located halfway between Montréal and Québec

1 800 361-1620  
aubergegodefroy.com

17575, boul. Bécancour, Bécancour  
CITQ # 039616

Want to extend your trip?  
Here are some interesting options:



THE ACADIANS LOOP  
51 km



GENTILLY TO SAINT-PIERRE-LES-BECQUETS LOOP  
45 km



THE ROAD OF THE "PETIT DESCHAILLONS"  
42 km



Motel Bécancour

Peaceful place, family atmosphere and affordable!

38 renovated, comfortable and high quality rooms  
Close to restaurants, a grocery and stores  
Continental breakfast included

3735, boul. Bécancour  
Bécancour (Secteur Gentilly)

1 855 372-6818  
motelbecancour.com



FROMAGERIE L'ANCÊTRE  
1615, BOUL. DE PORT-ROYAL  
BÉCANCOUR | 819 233-9157

POUTINE | ICE CREAM | CHEESE CURDS | FINE CHEESES | SANDWICHES | LOCAL PRODUCTS



## THE PORT-SAINT-FRANÇOIS ROUTE / 52 KM

# To discover during your journey

A privileged area for vacationing, this route will allow you to admire the agricultural and river landscapes of Nicolet! Nicolet is a dynamic city full of history with a rich cultural environment. It's perfect for a cycling trip that we suggest you finish with an overnight stay at the renowned Hôtel Montfort. Hop on your bike and come ride the green roads of this area of the region!

### TOURIST ATTRACTIONS

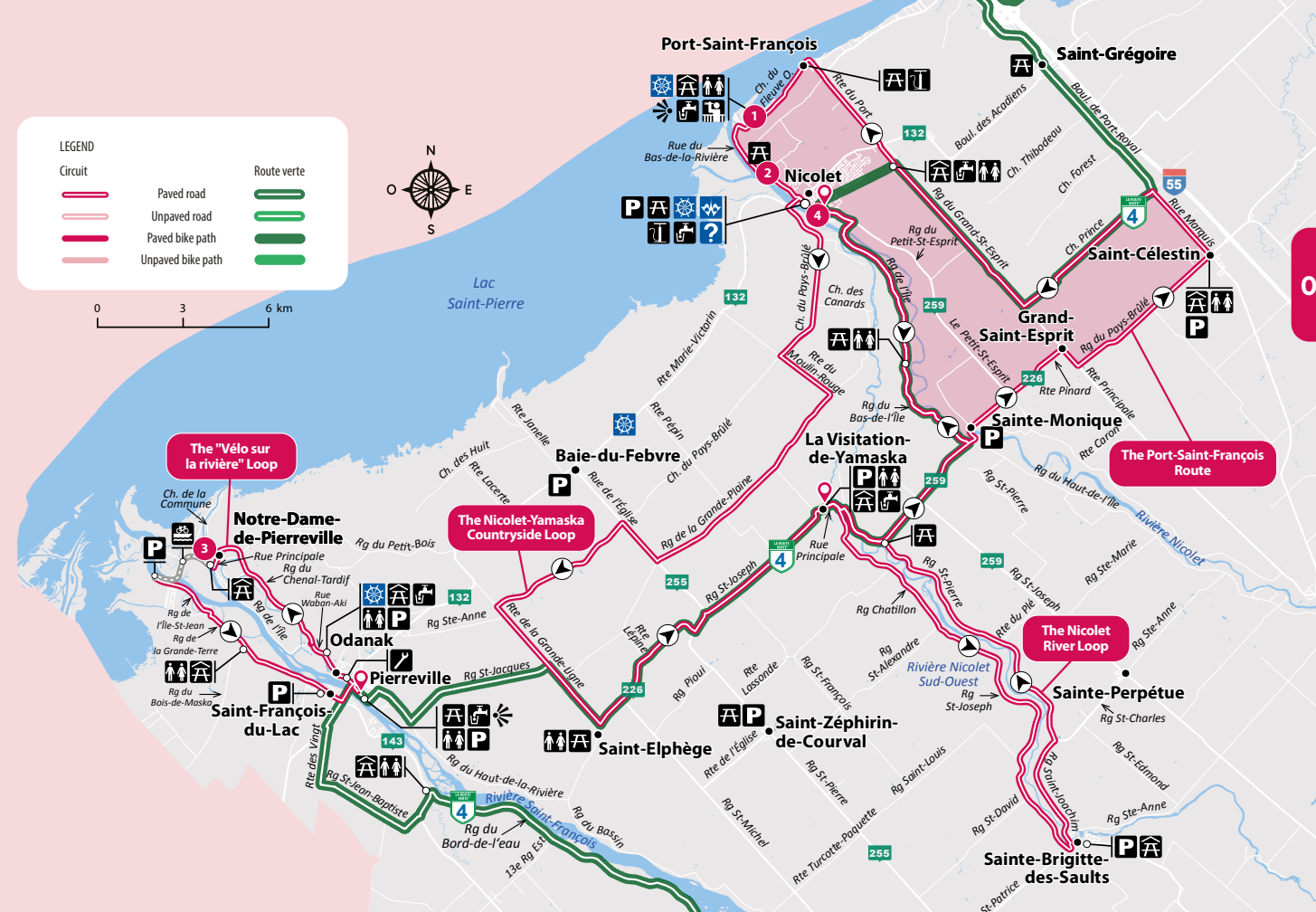
- 1 Parc écomaritime l'Anse-du-Port (footbridge)**  
Chemin du Fleuve Ouest, Nicolet  
819 293-6960

### LODGINGS

- 2 Hôtel Montfort**  
1141, Saint-Jean-Baptiste, Nicolet  
1 855 293-6262  
hotelmontfort.ca  
Établissement : 243180

### SERVICES

- 3 Pontoon water shuttle « Vélo sur la rivière »**  
1 888 568-2810  
caodanak.com/velo-sur-la-riviere
- 4 Tourisme Nicolet-Yamaska**  
20, rue Notre-Dame, Nicolet  
1 866 279-0444  
tourismenicoletyamaska.com





Nicolet-Yamaska  
Even better on bike!



Enjoy cycling through breathtaking landscapes

Ride alongside the Nicolet and Saint-François rivers

Stop by the Hugo Houle rest area in Sainte-Perpétue

Explore Hugo Houle bike routes



819 293-6960

[tourismenicoletyamaska.com](http://tourismenicoletyamaska.com)  
20, rue Notre-Dame, Nicolet



**M**  
HÔTEL MONTFORT  
CONGRÈS - SPA - VILLÉGIATURE  
NICOLET

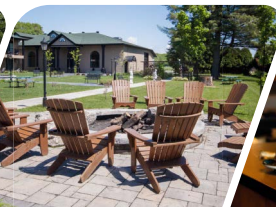
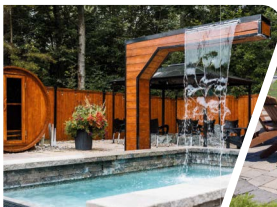
### HÔTEL MONTFORT

Your sanctuary of serenity in Centre-du-Québec

- 83 rooms and suites
- Bistronomic restaurant
- Spa and massage therapy
- Café and activities

1 855 293-6262  
[hotelmontfort.ca](http://hotelmontfort.ca)

1141, Saint-Jean-Baptiste, Nicolet  
CITQ # 243180



## Want to extend your trip? Here are some interesting options:



**SAINT-FRANÇOIS RIVER AND PLAINS LOOP**  
52 km



**CIRCUIT THROUGH THE FARMLANDS**  
44 km



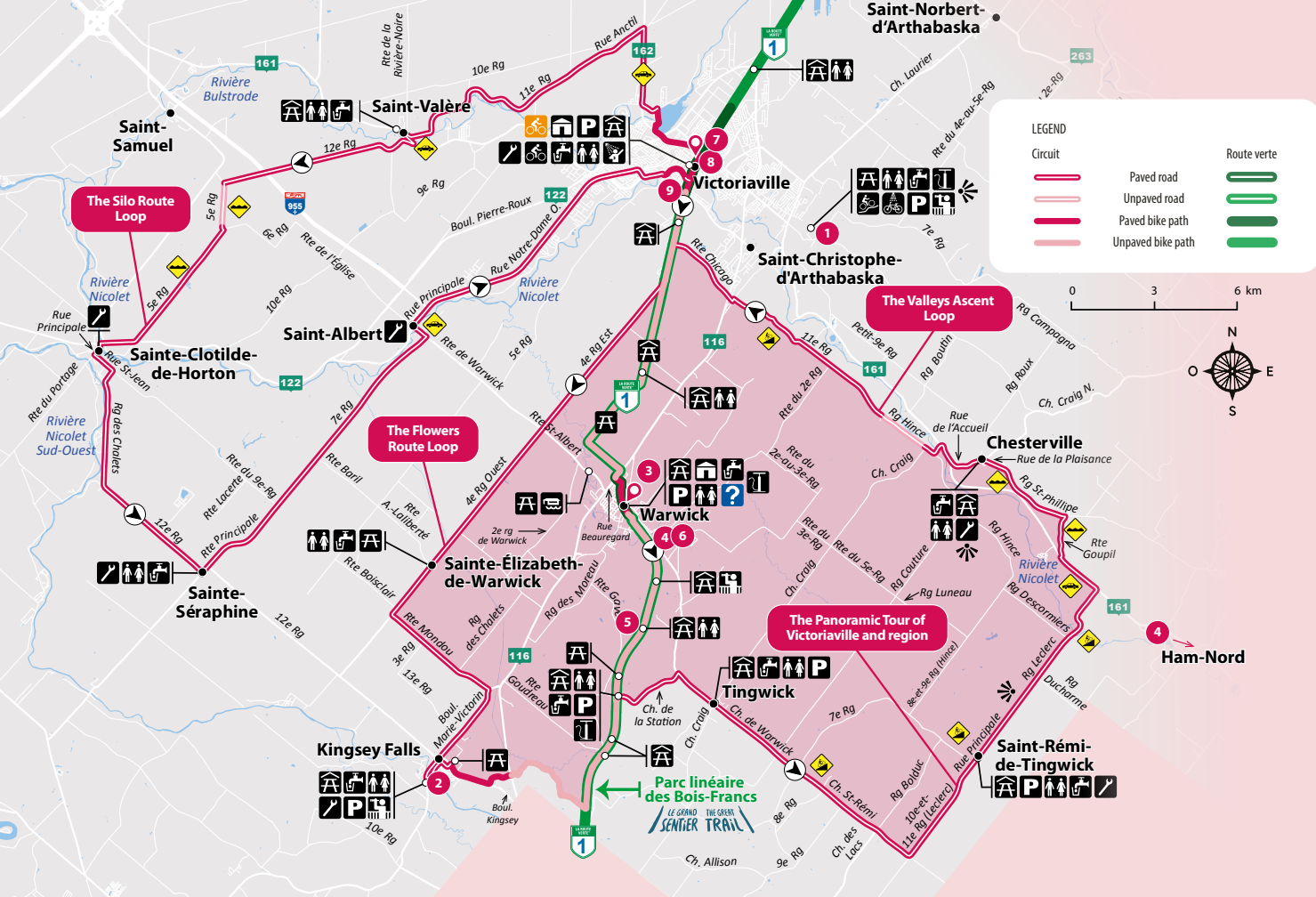
**IN THE LAND OF CRANBERRIES**  
50 km



SAINT-FRANÇOIS-DU-LAC AND PIERREVILLE ©BUZZ PHOTO



HÔTEL MONTFORT, NICOLET ©MARIKA ALLAIRE



## THE PANORAMIC TOUR OF VICTORIVILLE AND REGION / 88 KM

# To discover during your journey

This tour offers a wide variety of panoramic views and elevation changes! Along the way, rich farmlands, a hilly landscape dotted with charming villages and a dynamic city, tasty local products and must-see stops await you. Among these, the magnificent Parc Marie-Victorin and the cozy Hôtel Le Victorin, a certified “Bienvenue cycliste” accommodation, will welcome you with great pleasure!

### TOURIST ATTRACTIONS

- 1 Parc du Mont Arthabaska**  
100, chemin du Mont-Arthabaska  
Victoriaville  
819 751-4520  
montarthabaska.com
- 2 Parc Marie-Victorin**  
385, boul. Marie-Victorin  
Kingsey Falls  
819 363-2528  
parcmarienvictorin.com

### GOURMET STOPS

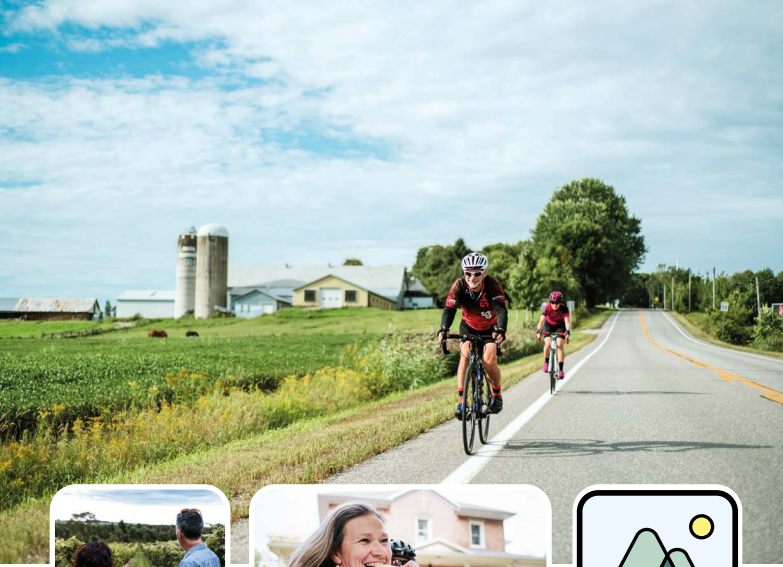
- 3 Brûlerie des Cantons**  
4, rue Beauchesne, Warwick  
819 358-9177  
bruleriedescantons.com
- 4 Microbrasserie Wick Station**  
167, St-Louis, Warwick  
819 641-9425  
wickstation.com
- 5 Vignoble Les Côtes du Gavet**  
1690, chemin de l'Aqueduc  
Tingwick  
819 749-2233

### LODGINGS

- 6 Aux Plaisirs Partagés**  
164 Rue Saint Louis, Warwick  
819 358-9560  
auxplaisirspartages.qc.ca  
Établissement : 172281
- 7 Hôtel Le Victorin**  
19, boul. Arthabaska Est  
Victoriaville  
1 800 563-0533  
hotellenvictorin.com  
Établissement : 044951
- 8 Quality Inn & Suites Victoriaville**  
1, boul. Arthabaska Est  
Victoriaville  
1 855 330-7825  
qualityinnvictoriaville.com  
Établissement : 240564

### SERVICES

- 9 Distrik – 100% electric, 100% unique**  
389, rue Notre-Dame Est  
Victoriaville  
1 844 678-3246  
distrikdist.com



GRAVEL BIKE ©LES MAXIMES

## Want to extend your trip? Here are some interesting options:



**CHICKS  
ON WHEELS**  
69 km



**THE APPALACHIANS  
LOOP**  
49 km



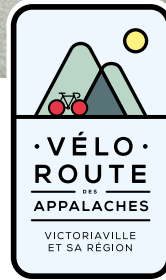
**THE BULSTRODE  
LOOP**  
44 km



## 21 circuits to explore in the Victoriaville sector!

Welcome to the land of wide-open  
spaces and accepted gluttony.

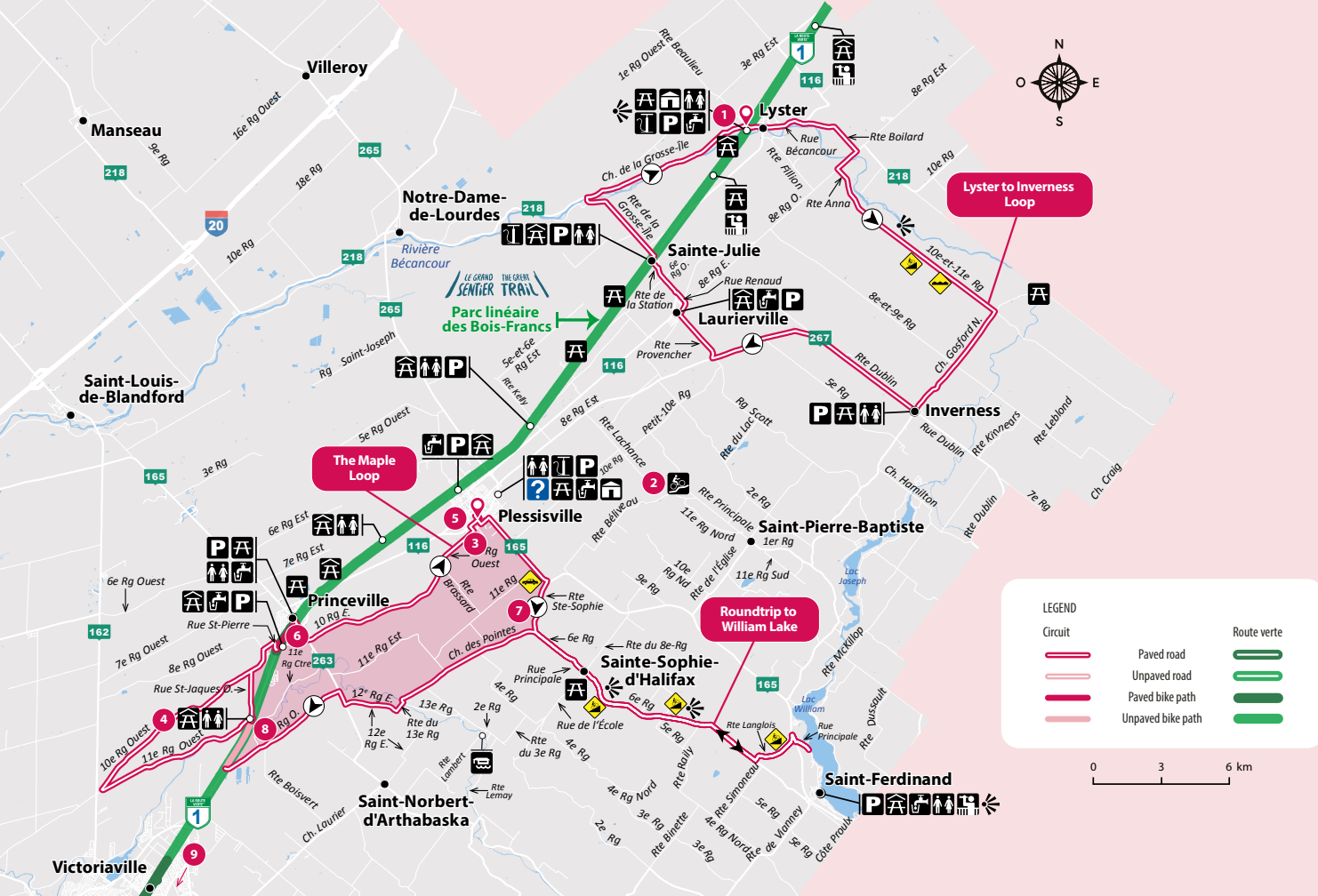
 [velorouteappalaches.com](http://velorouteappalaches.com)



MAISON DE LA CULTURE DE WARWICK ©BUZZ PHOTO



ELECTRIC BICYCLE ©DISTRİK - 100% ELECTRIC, 100% UNIQUE



## THE MAPLE ROUTE / 75 KM

# To discover during your journey

The Maple Route will take you through the plains as well as the foothills of the Appalachians. You'll discover rural landscapes that will seduce you especially in the fall, when the hills are adorned with colors offering a spectacular decor. On your way, the Microbrasserie Jackalhop is the ideal place for a tasty stop, while La Ferme d'Évelyne, slightly outside the circuit, is a must-see gourmet stop or a nice place to have a picnic!

### TOURIST ATTRACTIONS

- 1 Gare de Lyster**  
2175, rue Bécancour, Lyster  
819 389-5787 • [lyster.ca](http://lyster.ca)
- 2 Mont Apic (Mountain bike)**  
1361, route Bellemare, Saint-Pierre-Baptiste  
418 453-2357 • [montapic.com](http://montapic.com)

### GOURMET STOPS

- 3 Aléa Café**  
1699, rue St-Calixte, suite 110  
Plessisville  
819 789-0627 • [aleacafe.ca](http://aleacafe.ca)

- 4 La Ferme d'Évelyne (Blueberry farm)**  
1634, 10<sup>e</sup> rang Ouest  
(rang Desharnais), Princeville  
819 364-3377  
[fermedevelyne.com](http://fermedevelyne.com)
- 5 Microbrasserie Jackalhop**  
775, route 116 Ouest, Princeville  
819 252-5225  
[jackalhop.com](http://jackalhop.com)

### LODGINGS

- 7 Camping Mon Plaisir**  
149, route de Sainte-Sophie, Plessisville  
819 362-7591 - [campingmonplaisir.ca](http://campingmonplaisir.ca)  
Établissement : 198321
- 8 Camping Plage des Sables**  
1450, route 116 Ouest, Princeville  
819 364-5769 • [camping-plagedessables.com](http://camping-plagedessables.com)  
Établissement : 198332

### SERVICES

- 9 Distrik – 100% electric, 100% unique**  
389, rue Notre-Dame Est, Victoriaville  
1 844 678-3246 • [distrikdist.com](http://distrikdist.com)

# Cycling through THE L'ÉRABLE REGION

PURE  
HAPPINESS



Ride the  
*Parc linéaire des Bois-Francis* bike path,  
part of the *Route Verte #1*,  
or be surprised by  
7 other memorable itineraries!

**Over 50 km of horizon to explore**  
Panoramic landscapes | Breathtaking wind park  
Historic routes | Variety of elevation

RÉGION DE  
**L'Érable**

1280, avenue Trudelle, Plessisville  
819 362-0129

[regiondelerable.ca](http://regiondelerable.ca)



SAINT-FERDINAND © STÉPHANE DAOUST



LAC WILLIAM © BUZZ PHOTO

## Want to extend your trip? Here are some interesting options:



**BÉCANCOUR  
RIVER LOOP**

48 km



**FROM LYSTER  
TO INVERNESS  
LOOP**

50 km



**THE WILLIAM  
LAKE TOUR**

21 km



SAINTE-SOPHIE-D'HALIFAX © MARIKA ALLAIRE



## THE SAINT-FRANÇOIS RIVER TOUR / 79 KM

# To discover during your journey

Ride along the banks of the Saint-François River and discover a cycling circuit that is quite appreciated by cyclists. On both sides of the river, you will enjoy magnificent views of this impressive waterway and of the surrounding nature. Near Drummondville, take the time to ride the Parc à Parc riverfront circuit and why not spend a night at the Camping des Voltigeurs?

### TOURIST ATTRACTIONS

- Extéria – Terrain d'aventures**  
526, rang Sainte-Anne, Drummondville  
1 877 397-4544  
exteriadrummond.com
- Parc à Parc – Riverfront circuit**  
Drummondville  
819 478-6550  
parcaparc.drummondville.ca









### LODGINGS

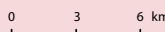
- Camping des Voltigeurs - Sépaq**  
575, rue Montplaisir, Drummondville  
1 800 665-6527 • sepaq.com/ct/vol/  
exteriadrummond.com  
Établissement : 198516
- Comfort Inn Drummondville**  
1055, rue Hains, Drummondville  
819 477-4000 • choicehotels.com/cn324  
Établissement : 050260
- Motel ANF**  
1975, boulevard Mercure, Drummondville  
1 866 478-4166 - motelanf.com  
Établissement : 054596

- Travelodge by Wyndham Drummondville**  
225, boulevard Saint-Joseph Ouest, Drummondville  
1 800 567-3823 • wyndhamhotels.com  
Établissement : 046491
- Pontoon water shuttle « Le Traversier »**  
1 877 235-9569  
parcaparc.drummondville.ca/parc/le-traversier
- Pontoon water shuttle « Vélo sur la rivière »**  
1 888 568-2810  
caodanak.com/velo-sur-la-riviere

### SERVICES

LEGEND

	Paved road		Route verte
	Unpaved road		
	Paved bike path		
	Unpaved bike path		



# PARC À PARC

RIVERFRONT CIRCUIT

COME EXPLORE OUR  
11 WATERFRONT PARKS  
ALONG 45 KM OF BIKE PATHS!

Family, intermediate  
and athletic itineraries.



[parcparc.drummondville.ca](http://parcparc.drummondville.ca)  
[in French]

DRUM  
MOND  
VILLE



LA FORÊT DRUMMOND, DRUMMONDVILLE ©MARIKA ALLAIRE



PROMENADE RIVIA DRUMMONDVILLE ©MARIKA ALLAIRE

Want to extend your trip?  
Here are some interesting options:



LOOP FOR  
MILLING  
41 km



LOOP - LA GRANDE BOUCLE  
(4-day trip / 3 regions)  
334 km



CIRCUIT DES TRADITIONS  
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# EXTÉRIA

TERRAIN D'AVENTURES



526, rang Sainte-Anne  
Drummondville  
819 397-4544  
[exteriadrummond.com](http://exteriadrummond.com)





GÎTE AUX PLAISIRS PARTAGÉS ©BUZZ PHOTOS



QUAI SAINTE-ANGÈLE, BÉCANCOUR ©BUZZ PHOTOS



SUR LA ROUTE DES NAVIGATEURS ©MARIKA ALLAIN

# 04

## For a hassle-free cycling trip

If you like to travel by bike in all simplicity, Centre-du-Québec is the right region for you thanks to our collaboration with a travel agency that offers you ready-to-go itineraries of 3 or 4 days. Your only concern is to reach our beautiful region and let yourself (and your luggage!) be transported by these routes prepared especially for you. A perfect all-inclusive bike tour! We also offer a 2-day “Cycling Excursion” that you can embark upon as is, with no further research required on your part. Ready to hit the road?

**Need a helping hand to transport your luggage?**  
The region collaborates with **Voyager à Vélo**, so you can be sure that their team will transport your luggage with care.

**All the details on these suggestions for stays, excursions, cycling packages and on the luggage transport service right here!**



# 05

## Let's ride in the city

When visiting Centre-du-Québec by bike, don't miss the opportunity to discover two of our wonderful urban areas, Drummondville and Victoriaville. It's a great way to start cycling in the city and make some great discoveries!

DISCOVER  
VICTORIAVILLE



DIFFICULTY  
*Scan the QR code  
with your smart phone*

DIFFICULTY

DISTANCE  
**23 km**



VÉLOGARE DU GRAND-TRONC ©LES MAXIMES



CYCLING DOWNTOWN VICTORIAVILLE ©MARIKA ALLAIRE

DISCOVER VICTORIAVILLE / 23 KM

## Victoriaville, a city that takes people's health to heart

In Victoriaville, pedal around the beautiful Réservoir Beaudet and swing around the downtown area for a gourmet stop in an ice cream parlor or simply to enjoy the very accessible stores and attractions. With a relatively flat elevation, but with a nice climb to admire the city and its sunset from the top of Mont Arthabaska, the city is just waiting for you to take the time to discover it, one kilometer at a time!

### To discover during your journey

#### TOURIST ATTRACTIONS

**Parc du Mont Arthabaska**  
100, chemin du Mont-Arthabaska  
Victoriaville  
819 751-4520  
montarthabaska.com

#### LODGINGS

**Hôtel Le Victorin**  
19, boul. Arthabaska Est, Victoriaville  
1 800 563-0533 • [hotellévictorin.com](http://hotellévictorin.com)  
Établissement : 044951

#### Hôtel Quality Inn & Suites Victoriaville

1, boul. Arthabaska Est, Victoriaville  
1 855 330-7825 • [qualityinnvictoriaville.com](http://qualityinnvictoriaville.com)  
Établissement : 240564

#### SERVICES

**Distrik – 100% electric, 100% unique**  
389, rue Notre-Dame Est, Victoriaville  
1 844 678-3246 • [distrikdist.com](http://distrikdist.com)



CAMPING DES VOLTIGEURS © MARIKA ALLAIRE

## DISCOVER DRUMMONDVILLE



### TO THE CIRCUIT

Scan the QR code with your smart phone

### DIFFICULTY



### DISTANCE

43 km



PONTOON CROSSING, DRUMMONDVILLE © MARIKA ALLAIRE



SAINT-FRANÇOIS RIVER, DRUMMONDVILLE

DISCOVER DRUMMONDVILLE / 43 KM

# Discover Drummondville and its parks

Beautifully located, Drummondville is a vibrant city with many cultural, gourmet and sports attractions. While pedaling, you will have the opportunity to ride along the Saint-François River and venture into the downtown area where good restaurants and beautiful products are waiting to be discovered! Take the time to stop at some of the city's parks. And, to enhance this beautiful stroll, take advantage of the pontoon crossing, where you can admire the river from another angle. One discovery after another!

## To discover during your journey

### TOURIST ATTRACTIONS

#### Extéria – Terrain d'aventures

526, rang Sainte-Anne, Drummondville  
1 877 397-4544  
exteriadrummond.com

#### Parc à Parc – Riverfront circuit

Drummondville  
819 478-6550  
parcaparc.drummondville.ca

### LODGINGS

#### Camping des Voltigeurs - Sépaq

575, rue Montplaisir, Drummondville  
1 800 665-6527 • [sepaq.com/ct/vol/](http://sepaq.com/ct/vol/)  
Établissement : 198516

#### Comfort Inn Drummondville

1055, rue Hains, Drummondville  
819 477-4000  
[choicehotels.com/cn324](http://choicehotels.com/cn324)  
Établissement : 050260

#### Motel ANF

1975, boul. Mercure, Drummondville  
1 866 478-4166 • [motelanf.com](http://motelanf.com)  
Établissement : 054596

#### Travelodge by Wyndham Drummondville

225, boul. Saint-Joseph Ouest, Drummondville  
1 800 567-3823 • [wyndhamhotels.com](http://wyndhamhotels.com)  
Établissement : 046491

### SERVICES

#### Pontoon water shuttle « Le Traversier »

1 877 235-9569  
[parcaparc.drummondville.ca/parc/le-traversier](http://parcaparc.drummondville.ca/parc/le-traversier)

To ride differently in summer and winter



PARC DU MONT ARTHABASKA ©VILLE DE VICTORIAVILLE



MONT APIC, SAINT-PIERRE-BAPTISTE



PARC RÉGIONAL DE LA RIVIÈRE GENTILLY  
SAINTE-MARIE-DE-BLANDFORD

# 06

## Where to ride your mountain bike or fat bike in Centre-du-Québec?

In Centre-du-Québec, there are a variety of locations for mountain biking. Our accessible trails offer you the chance to practice this wonderful sport solo or with your family! Whether it's at the Parc du Mont Arthabaska, the Parc régional de la rivière Gentilly or at Mont Apic, you'll find trails that correspond to your skill level so you can ride for maximum fun. During the colder months, at the Parc régional de la rivière Gentilly or at Extéria Terrain d'aventures, take up the fat bike to get moving in the great outdoors... even in winter! It's a great way to give your passion for cycling a winter twist!



**WHERE TO RIDE YOUR MOUNTAIN BIKE**

### Mont Apic

1361, route Bellemare  
Saint-Pierre-Baptiste  
418 453-2357 • [montapic.com](http://montapic.com)

### Parc du Mont Arthabaska

100, chemin du Mont-Arthabaska  
Victoriaville  
819 751-4520 • [montarthabaska.com](http://montarthabaska.com)

### Parc régional de la rivière Gentilly

1000, route des Flamants  
Sainte-Marie-de-Blandford  
1 800 944-1285 • [rivieregentilly.com](http://rivieregentilly.com)



**WHERE TO RIDE YOUR FAT BIKE**

### Extéria – Terrain d'aventures

526, rang Sainte-Anne  
Drummondville  
1 877 397-4544  
[exteriadrummond.com](http://exteriadrummond.com)

### Parc du Mont Arthabaska

100, chemin du Mont-Arthabaska  
Victoriaville  
819 751-4520 • [montarthabaska.com](http://montarthabaska.com)

### Parc régional de la rivière Gentilly

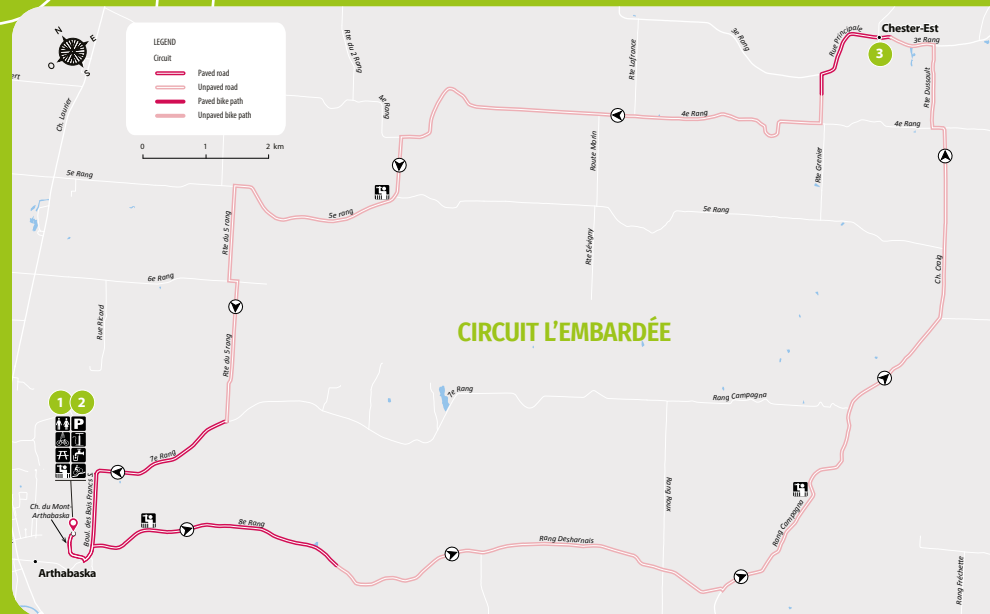
1000, route des Flamants  
Sainte-Marie-de-Blandford  
1 800 944-1285 • [rivieregentilly.com](http://rivieregentilly.com)

**P.S. Don't have a mountain bike or a fat bike?**

No problem! You can rent one at the Parc régional de la rivière Gentilly (mountain bike and fat bike) and at Extéria Terrain d'aventures (fat bike).

# 07

## New trends in the world of cycling: Gravel and electric bike



### TOURIST ATTRACTIONS

- 1 Parc du Mont Arthabaska**  
100, ch. du Mont-Arthabaska  
Victoriaville  
819 751-4520  
[montarthabaska.com](http://montarthabaska.com)
- 2 Véloroute des Appalaches**  
Victoriaville et sa région  
1 888 758-9451  
[velorouteappalaches.com](http://velorouteappalaches.com)

### LODGINGS

- 3 Le Sainte-Hélène Auberge & Spa Nordique**  
442, rue de l'Église  
Sainte-Hélène-de-Chester  
819 202-0202  
[lesainte-helene.com](http://lesainte-helene.com)

## Try the gravel bike!

Ever experienced gravel biking? As a pioneer in the development of this new type of cycling, the region offers many great opportunities to practice this sport! For its part, the Victoriaville area, allows you to test your endurance by riding the 9 circuits proposed by the **Véloroute des Appalaches!**

These gravel and asphalt routes invite you to cross the most beautiful country roads, where you can admire a magnificent landscape of valleys and fertile farmland.

**Will you dare step out of your comfort zone and let yourself be challenged by these circuits?**

### RENTAL - PURCHASE

**Distrik - 100% electric, 100% unique**  
389, rue Notre-Dame Est, Victoriaville  
1 844 678-3246 • [distrikdist.com](http://distrikdist.com)

**Quality Inn & Suites Victoriaville**  
1, boul. Arthabaska Est, Victoriaville  
1 855 330-7825 • [qualityinnvictoriaville.com](http://qualityinnvictoriaville.com) • Établissement : 240564

## The electric bicycle, cycling made accessible to all

Proud of its already well-established reputation for sustainable development, the city of Victoriaville is also innovating in the area of electric bikes. This type of cycling is made convenient by the region's charging stations located at the Vélogare du Grand Tronc and at the Réservoir Beaudet. It is also now possible to experience electric bicycles and electric scooters by renting one at the **Quality Inn & Suites Victoriaville.**

Their bike terminal offers hotel guests, as well as other visitors, full equipment rental to try out this fabulous sport that is gaining in popularity in Quebec!

**A bike that allows everyone to ride!**



ELECTRIC BICYCLE ©DISTRIK



ELECTRIC BICYCLE ©MARIKA ALLAIRE

# 08

## Useful information

Need a helping hand to enhance your stay in Centre-du-Québec?

Contact our hospitality advisors:

### Tourisme Victoriaville et sa région

819 758-9451  
tourismeregionvictoriaville.com

### Tourisme Drummondville

819 477-5511  
tourismedrummondville.com

### Bureau d'information touristique de Nicolet-Yamaska

20, rue Notre-Dame, Nicolet  
819 293-6960 • 1 866 279-0444  
tourismenicoletyamaska.com

### Bureau d'information touristique de Bécancour

1005, boulevard Bécancour, Bécancour  
819 233-4636 • 1 888 233-4676  
tourismebecancour.com

### Bureau d'information touristique de la région de L'Érable

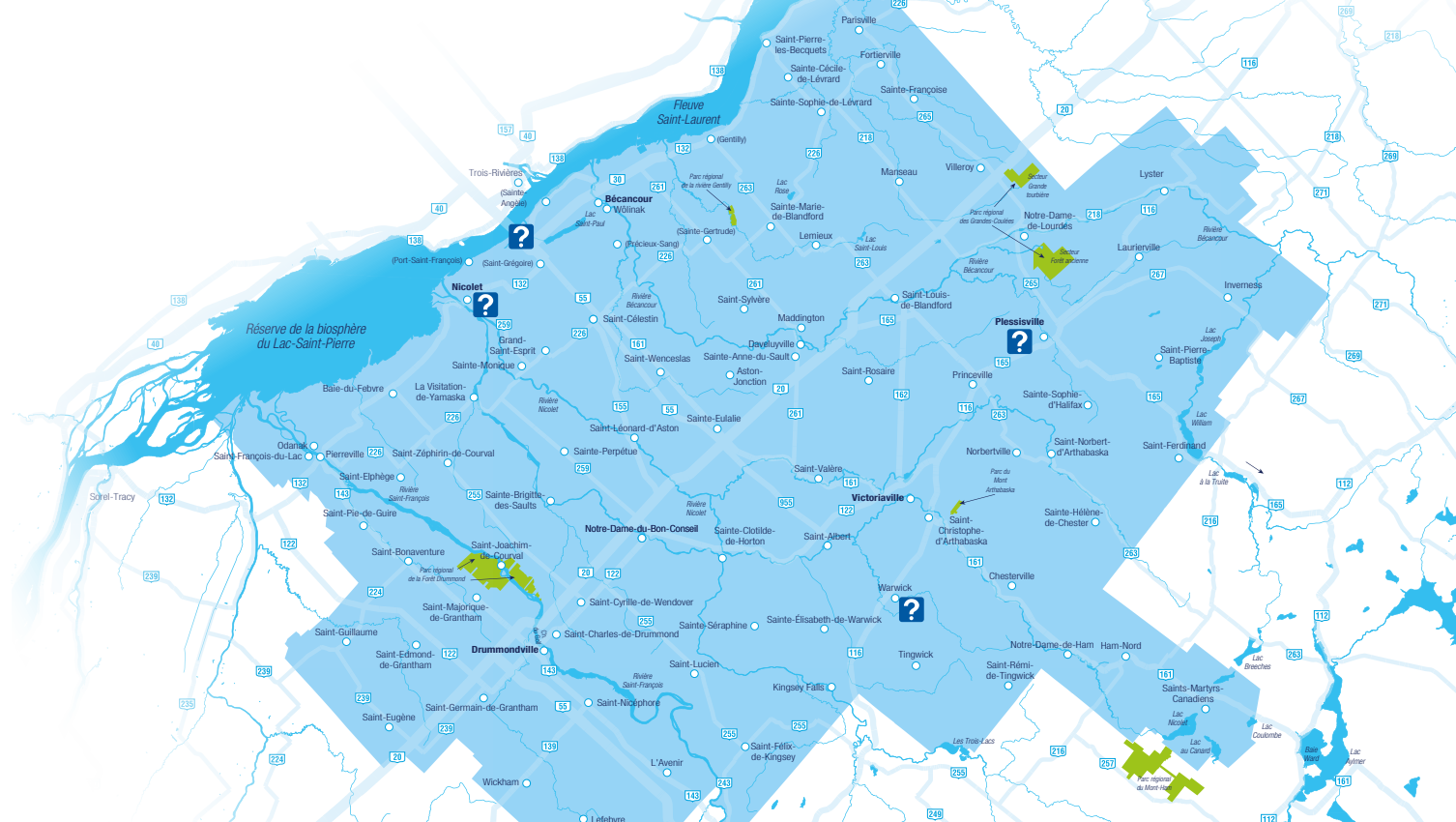
1280, avenue Trudelle, Plessisville  
819 362-0129  
regiondeleerable.ca

### Bureau d'information touristique Maison de la Culture de Warwick

169, rue Saint-Louis, Warwick  
819 358-4340  
villedewarwick.quebec

### Tourisme Centre-du-Québec

819 364-7177 • 1 888 816-4007  
tourismecentreduquebec.com



Stay in touch with Centre-du-Québec via our different platforms

Tourismecentreduquebec.com Tourismecentreduquebec  
 centreduquebec TourismeCentreduQc Centreduquebec

Tourist information for the province of Québec: 1 877 BONJOUR (266-5687) or [BonjourQuebec.com](http://BonjourQuebec.com)



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